

Random Acts of Kindness Nomination Form

A Nominator may nominate up to four (4) Nominees.

| | nation to be sure your Nominee is contacted in a timely mann |
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| UK | *Name of Organization or Group: |
| | Street Address: |
| | City, State, Zip Code: |
| | *Email: |
| | *Telephone: |
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Random Acts of Kindness

Since 1997, the City of Brooklyn Center has celebrated *Random Acts of Kindness*. The Brooklyn Center City Council recognizes all Brooklyn Center residents and groups who have performed *Random Acts of Kindness* that help make our community a wonderful place to live and work. A *Random Act of Kindness* is a selfless act performed by an individual, organization, or group towards someone or something. A kind act is "random" when it is spontaneous and unexpected – done simply out of the will to extend goodness without expecting anything in return.

Anyone may nominate someone who has performed a random act of kindness over the past year. You may send a card or letter, or drawings or photographs of people performing kind acts, or use the City's nomination form attached here. You may submit up to four nominations. All *Random Acts of Kindness* nominees are recognized by the City Council and presented a certificate at a separate celebration luncheon at City of Brooklyn Center Community Center-Constitution Hall on **Saturday, November 23, 2024 from 12pm-2pm**.

Join us in celebrating kindness in our community.

Nominate an individual, organization, or group today!

"No act of kindness, however small, is ever wasted" – Aesop

What is a Random Act of Kindness?

Most people try to fulfill obligations in life like doing their fair share of chores and supporting and comforting their families and friends – but these deeds are expected of us. When we make the extra effort of being kind when we aren't expected or required to and surprise someone, including ourselves – this is a *Random Act of Kindness*, a good deed that is truly the embodiment of compassion and caring.

Examples of Random Acts of Kindness

- Walk a neighbor's dog
- Donate your time to perform lawn services for the elderly or disabled
- Collect soda can tabs for recycling and give the proceeds to the Ronald McDonald house
- Feed a stranger's expired parking meter
- Donate to a food shelf or clothing shelter
- Photograph someone being kind to another
- Read to a child
- Donate books to a daycare or school
- Tutor a student
- Be a Safety Patrol and help kids get to and from school safely
- Pick up litter (Adopt-A-Street or Park)

- Collect mittens or socks and give to those in need
- Care for the sick
- Volunteer in the community (schools, hospitals, churches, etc.)
- Plant a tree
- Visit someone in the hospital
- Bake a hot dish for someone who just returned from the hospital
- Pick up the mail for a senior citizen on your block each day
- Adopt a homeless pet at the Animal Humane Society
- Donate time at a senior center
- Clean graffiti from neighborhood walls and buildings
- Transport someone who can't drive

Deadline to submit: Friday, October 18, 2024